

TRYM swimmers tackle 5K-10K postal championships

by Greta van Meeteren

On August 28, 2010, 8 swimmers from TRYM (Twin Rivers YMCA Masters) headed out to the Goldsboro YMCA . They went there to swim their long-distance championships as a team. Tammy Yates, head coach of the Goldsboro YMCA, had very graciously made sure the team was able to use 5 lanes for the duration. Tammy herself also swam the 5K and helped our team with timing when she was done swimming.

Coach Frank McGrath accompanied our merry band for the much-needed moral support and to make sure all the watches were set accurately and every swimmer knew exactly where they were during the long swims.



In this picture - front row: Rita Maynard (5K), Camille Klotz (5K), back row: Frank McGrath, coach, Andrea Packard (5K) Bob Husson (5K) Greta van Meeteren (10K), Hans van Meeteren (5K) and Craig Anderson (10K). Not in the picture: Susan Hamilton (5K) and Tammy Yates (5K)

The two 10K swimmers had done their 5K swims in May. They are both planning to swim all five postal events this year.

Doing these events as a group makes it fun and it creates a great team atmosphere. We wanted to make sure to participate as much as possible in this particular event since North Carolina is hosting it this year. We hope that many NC swimmers will have done the same thing and entered their results - that way we can also put together relays with other NC swimmers.

And by the way: lunch afterwards was GREAT - needless to say everyone was hungry after their big event!