



# 2019 Membership Application

All 2019 memberships expire on December 31, 2019

\_\_\_ Renewal – my last USMS number was \_\_\_\_\_  
 \_\_\_ New registration



**Register with the same name you will use for competition. Please print clearly.**

Last Name		First Name		MI
Street Address				
City		State	Zip	Phone
Date of Birth (mm/dd/yy)	Age	Sex (circle) M    F	E-mail address	
Club, workout group, or Unattached				
Signature (required)				Today's Date (required)

## RELATED MEMBERSHIPS & CERTIFICATIONS

I am a: \_\_\_ Masters Coach \_\_\_ Certified Official

<b>FULL-YEAR FEES (if joining between Nov. 1, 2019, and Dec 31, 2019):</b>
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US Masters Swimming full-year fee (\$45) plus LMSC (Local Masters Swimming Committee) governing body fees (\$10):	<b>\$ 55</b>
I wish to contribute this amount to the International Swimming Hall of Fame Foundation:	
I wish to contribute this amount to the USMS "Swimming Saves Lives" Fund:	
I wish to contribute this amount to my LMSC:	
I wish to have USMS-Certified Masters Coach designation \$30	
<b>Total:</b>	

Benefits of Membership include a subscription to USMS's magazine, *SWIMMER*, during the length of the membership year. USMS Registered swimmers are covered with secondary accident insurance:

- 1) in practices supervised by a USMS member where all swimmers are USMS registered.
- 2) in USMS sanctioned meets where all competitors are USMS registered.

Please allow 2 weeks processing time.

### Instructions:

- 1) Fill out both pages of this form. Page 1 is the application; Page 2 is the participant waiver. **Both pages** must be signed and dated by the participant.
- 2) Make check for total fee plus any optional donations payable to: **NC Masters Swimming Committee**
- 3) Mail check and completed forms (both Pages 1 and 2) to:

**George S Simon, Registrar**  
**NC Masters Swimming Committee**  
**10229 Boxelder Dr**  
**Raleigh, NC 27613-6139**



**PARTICIPANT WAIVER AND RELEASE OF LIABILITY,  
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M      F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant			Date Signed	

Please write in your choice for affiliation with a club, workout group, or unattached on page 1 of the form above. The current choices in the Local Masters Swimming Committee for North Carolina are shown below. Please make your \$55 check plus any donations payable to: **NC Masters Swimming Committee**. Mail to the address listed on page 1. (Registering online is the preferred way to join, it eliminates addressing errors caused by misinterpretation of handwriting). See <http://www.ncmasters.org/teamlist.html> for a direct link to join online.

<b>Organization/Team</b>	<b>Location</b>	<b>Contact</b>
Unattached (UC13)	not affiliated	George Simon 919 264-3490
<b>Clubs:</b>		
<b>Cape Carteret Aquatic &amp; Wellness (CCAW)</b>	Cape Carteret	Deanna McElmon 252 393-1000
<b>North Carolina Masters Swimming (NCMS)</b>	many cities	George Simon 919 264-3490
<b>USA Masters (USAM)</b>	Cary	Hill Carrow 919 677-0081
<b>Life Time Swim NC (LTNC)</b>	Cary	Aquatics Manager 919 605-4949
<b>Life Time Swim Raleigh ( LTNC club RALE WOgrp)</b>	Raleigh	Aquatics Manager 919 582-7000

**Workout Groups of NCMS club:**

Asheville Masters Swimming (AMS)	Asheville	Jeff Owen 828 254-8800
Charlotte SwimMasters (CSM)	Charlotte	Heather Hageman 704 763-0141
Childress Klein YMCA Masters (CKY)	Charlotte	Amy Crane 704 716
ClubWorx Masters Swimming (WORX)	Fuquay-Varina	John Blausey 919 995-2629
Carolina Aquatic Team (CAT)	Durham	Josh Weaver 919 968-0303
Colony Masters (COMB)	Winston Salem	Megan Lassen 360 441-2241
Durham Area Masters Aquatics (DAMA)	Durham	Sue Perryman 919 536-8804
E3 Aquatics (E3AQ) Triad Area	Greensboro	Matthew Clancy 336 543-8771
East Carolina Aquatics Masters (ECAM)	Greenville	Casey Charles 252 341-1044
Enfinity Aquatic Club (EAC)	Winston Salem	Tim Hillen 336 782-4282
Fort Bragg Masters (FBM)	Ft Bragg Military Base	Celia Wolff 910 908-3198
Gaston Gators (GG)	Gastonia	Trey Taylor 704 860-3731
Granite Falls Masters	Rolesville	Blair Crosscup 919 562-8895
Greensboro Community YMCA Masters (GCIYM)	Greensboro	Joanne Wainwright 336 478-9632
HAWK Masters UNCW (HAWK)	Wilmington	Alicia Uhl 910 547-7575
High Point Swim Club (HPSC)	High Point	John Cameron 336 887-4772
Hillsborough Aquatic Club Masters (HACM)	Hillsborough	Jerry O'Donnell 919 644-0339 x 229
Imp Masters (IMPS)	Cary	Laura Goodwin 919 342-5767
James J Harris YMCA Masters (HARY)	Charlotte	Melanie Love 704 716-6821
Lake Norman YMCA Masters (LKNY)	Cornelius	Amy Guy 704 716-4474
Lowes YMCA (LO)	Mooreville	Matt Misener 518 588-8342
Marlins of Raleigh	Cary	Austin Goldstein 919 851-3000
Masters of Raleigh Swimming Association	Raleigh	Laura Hubbard 919 859-4881
Mecklenburg Swim Association (MSAM)	Charlotte	Patty Waldron 704 622-4989
North Carolina Aquatic Masters (NCAM)	Chapel Hill	Brad Langford 919 962-1604
NOMAD Aquatics Masters (NMA)	Huntersville	Elissa Kennedy 704 949-1555
One Step Beyond Cary Masters (OSBC)	Cary	Marty Gaal 919 975-5274
Raleigh Area Masters (RAM)	Raleigh	Ruth Jones 919 744-0578
Sailfish Aquatics Masters (SAM)	Concord	Hubert Williams 980 253-7882
Smoky Mountain Aquatic Club Masters (SMAC)	Waynesville	Charlie McCanless 704 737-2333
Stingray Aquatics Masters (SAM)	Matthews	Margaret Harrelson 704 930-9000
SwimMAC Masters (MAC)	Charlotte	Kerry Lindauer 704 236-1029
TAC Titans (TAC)	Cary	John Payne 919 818-8661
Triad Masters Swimming (TMS)	Greensboro	Andrew Richelson 336 540-8774
Twin Rivers YMCA Masters (TRYM)	New Bern	Greta van Meeteren 252 665-1238
Triad Endurance and Aquatic Masters (TEAM)	Wake Forest University	David Amato 443 803-1120
YMCA of the Triangle Area (YOTA)	Raleigh	Andrew Rogers 919 719-9696
YMCA Seahorse Swim Team (YSST)	Hickory	Rob Scott 828 320-8620

Register online and pay via credit card, <http://www.usms.org/reg/register.php?LMSCID=13> and choose your club and then your workout group. Processing of mailed in registrations may take up to two weeks to be completed and mailed.