

The 2013 Pan American Masters Swimming Championships

By Jon Klein

Below the North Carolina Masters Swimmers at the PAN AM Championships.



The 2013 Pan American Masters Swimming Championships were held in Sarasota, Florida June 5-13. 7 women and 10 men represented NCMS.

The Selby Aquatic Center at the Sarasota YMCA is an excellent facility with a deep fast pool kept at the perfect water temperature.

For the bulk of the meet the weather was a balmy 80 degrees with the exception of the

second day. Tropical storm Andrea stopped by to give us heavy rains, thunder, lightning, 30 mph wind gusts and several tornado warnings which delayed the meet for several hours.

Once the sun came out team NCMS put on an impressive display with 12 different swimmers recording top 3 finishes. The stars of the meet for NCMS posting top 10 FINA all time swims were Erika Braun, Ruth Jones and Matthew McGinnis. Individual event winners were:

Women:

Ruth Jones 30-34 in the 50FR, 100 FR, and 50 FL all in State record and top 10 FINA times

Alicia Uhl 35-39 in the 50 BA and 100 FL

Erika Braun 40-44 in the 50FR, 100 FR, and 50 FL with **world record swims** in the 100 FR and 50 FL

Sally Newell 75-79 in the 50 BR, 100 BR, 200 BR and 200 BA

Men:

Matthew McGinnis 25-29 in the 100 FR and 100 BA with a **world record swim** in the 100 BA and FINA top 5 in the 100 BA.

The NCMS relays were dominant winning 4 events:

Women 120-159 age group:

Ruth Jones, Celia Wolff, Alicia Uhl, and Erika Braun (left to right in the picture) set the National record with the 2nd best time in FINA history in the Free Relay and then set a State record in winning the Medley relay.



Mixed 160-199 age group:

Ruth Jones, Henry Stuart, Erika Braun and Jon Klein (left to right in this picture) set the State record in a FINA top 5 time to win the Free relay, and in the Medley relay Ruth posted a blazing final split to come from behind and win the event.



All the NCMS results can be found at:

<http://www.usms.org/comp/meets/meetsearch.php?club=NCMS&MeetID=20130605panjun>
L